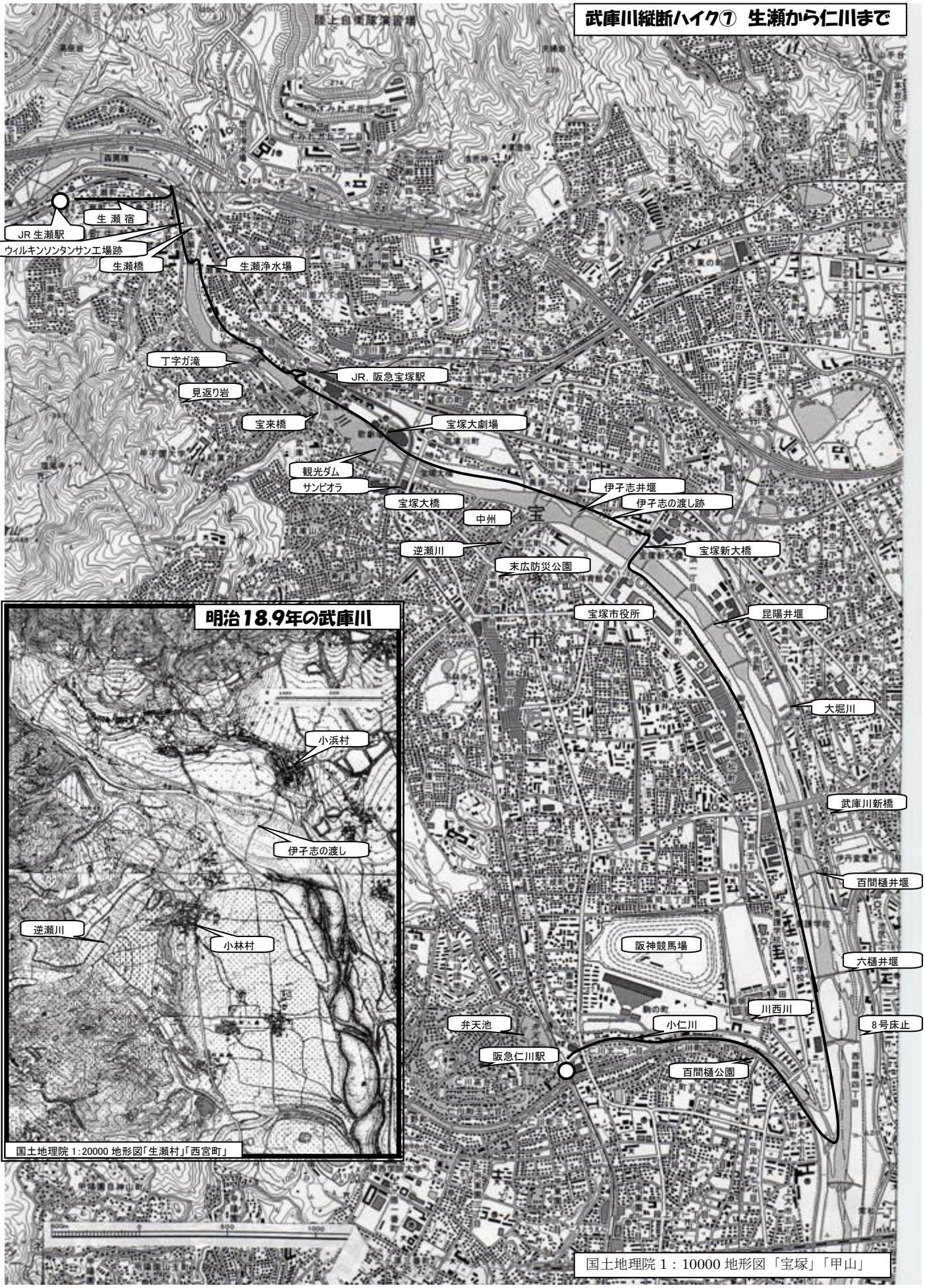武庫川縦断ハイク⑦　生瀬から仁川まで